



# Food Safety Awareness

---

## Level 1

# CONTENTS

<b>2 Section 1</b> Introduction to food safety	Key terms for food safety	3
	The importance of food safety	3
	Food safety law	4
	Food safety training	5
	Test your knowledge crossword 1	6
<b>7 Section 2</b> Food safety hazards	Microbial contamination	8
	Food-borne illness	13
	Allergenic contamination	14
	Physical contamination	17
	Chemical contamination	18
	Food spoilage	19
	Test your knowledge crossword 2	20
<b>21 Section 3</b> Good food safety practice	Temperature control	22
	Keeping yourself clean and hygienic	23
	Keeping the workplace clean and hygienic	28
	Food pests	33
	Delivery, storage and stock control	35
	Test your knowledge crossword 3	38
<b>Test your knowledge crossword solutions</b>		39
<b>Glossary</b>		41